

Health Trivia Questions Printable

mental health awareness quiz - nami florida - mental health awareness quiz there are many common misconceptions about what mental illness is and how to treat it this quiz is designed to help you learn more about mental illness . question 1: "stigma" refers to:
a. a plan of treatment agreed to by patient and doctor. b. lack of knowledge about mental health. c. societal prejudice that can prevent people in need from speaking up ... **ill-health is mental illness? - time to change** - mental health quiz 1. what is the most common mental health problem? depression anxiety & depression bi-polar 2. what percentage of children have a mental health problem at any one time? **mental health myths & facts quiz** - mental health myths & facts quiz with answers and sources 1. on average, mental health consumers are: a. much more likely to be violent than the general population b. about as likely to slightly more likely to be violent as the general population c. less likely to be violent than the general population the answer is b, slightly more likely. many studies show that people with mental health ... **health & safety quick quiz answers** - penarth management tel: 029 2070 3328 penarth health & safety quick quiz answers what reasons exist for managing health & safety? (tick all that apply): **general health trivia questions and answers** - free trivia questions, answers, free quiz questions, answers for team building games the best selection of trivia questions and quizzes on the web, including general committed to improving health and advancing **exercise and fitness quiz - fitivities** - exercise and fitness quiz: 1) muscle weighs more than fat. true or false 2) maintaining physical fitness requires major lifestyle changes. true or false 3) no pain, no gain is a workout myth. true or false 4) weight loss should be the most important goal of fitness and exercise. true or false 5) you should warm-up before exercising. true or false 6) the more you sweat during a workout, the ... **mental health quiz - community games** - mental health quiz questions: 1. on how many days a week should you aim to be active for at least 30 minutes? none 2 days 5 days everyday **proper nutrition for elderly: quiz - homeaidhealthcare** - lifestyle of health diet and exercise, even if started later in life, contributes to longevity and a better quality of life. 2) being notably underweight ____ _ . **drugs quiz - yor-ok** - drugs quiz questions: question true false 1. in most cases death from ecstasy use is caused by the body overheating and dehydration 2. drinking black coffee does not help a person sober up 3. breathing in cannabis for longer will result in more cannabis getting to the brain 4. if a woman drinks the same amount of alcohol as a man it will have the same effect. 5. cannabis skunk and weed is more ...

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